



Press Release

6th October 2026

Oghma Partners Releases European Food Ingredients Market and M&A Review

Oghma Partners is pleased to release its 2026 European Food Ingredients Market and M&A Review. Highlights include:

- **Market growth and trends:** European ingredients demand is forecast to grow from €48.1bn in 2025 to €51.6bn by 2030; value-added categories lead the growth
- **M&A activity:** Oghma has recorded 384 European food ingredients transactions worth c. €104.0bn since 2019; 52 deals by 1st August put 2026 on course for record volume
- **Public market valuations:** valuations have stabilised, with a 13.0-15.0x outlook given
- **Cross-border consolidation:** 63.6% of transactions were cross-border, with the UK the most targeted market, followed by Italy, France and Spain
- **Private equity:** financial buyers continue to take a greater share of deal activity accounting for c. 44.0% of 2026YTD volume
- **Carve-outs:** 11 carve-outs represented more than one in five transactions, as strategies realign and ingredients groups simplify after large-scale mergers

A full copy of the report is available upon request.

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About Oghma Partners

Based in London, Oghma Partners is an independent corporate finance advisory firm providing acquisition, divestment and strategy advice to UK and Continental European consumer-focused companies and investors.

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